

# March 2024 Program Calendar

|                                                                                                                                                                                                                                                                                                                                                      | Sunday                                                                                                                                                         | Monday                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                                | Saturday                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
|  <p><b>Location Keys</b></p> <p>Bistro B<br/>Club Room CR<br/>Creative Arts Studio CAS<br/>Fitness Studio FS<br/>Lobby L<br/>Theater T</p> <p><b>to Thrive</b></p> <p>Live Life<br/>Live Confidently<br/>Live in Motion<br/>Live &amp; Learn<br/>Live Connected</p> | <b>March cont'd 31</b><br><b>Easter</b><br>12:30 Bridge club (sign up in bistro)<br>2:00 Dominoes [B]<br>2:00 Rummikub [B]<br>4:30 Board Games                 |                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                              | 8:00 Continental Breakfast- [B] <b>1</b><br>10:30 Walking club [L]<br>12:00 <b>Aerobics with Amanda [FS]</b><br>2:00 Feature Film Friday<br>3:00 Bistro Games [B]<br>6:30 Bridge Club 1                                                                               | 12:30 Bridge club (sign up in bistro) <b>2</b><br>6:00 Hand and Foot Club  |
|                                                                                                                                                                                                                                                                                                                                                      | 12:30 Bridge club (sign up in bistro) <b>3</b><br>2:00 Dominoes [B]<br>2:00 Rummikub [B]<br>4:30 Board Games                                                   | 8:00 Continental Breakfast- [B] <b>4</b><br>10:00 Bunco (\$5 buy in) [CAS]<br>10:30 Walking club [L]<br>11:00 Chair Yoga (video led) [FS]<br>1:00 <b>Chair Cardio Conditioning [FS]</b><br>3:00 Bistro Games [B]<br>6:00 Dominoes [B]<br>6:00 Hand and Foot Club<br>6:30 Bridge Club 3  | 8:00 Continental Breakfast- [B] <b>5</b><br>10:00 <b>Chair Cardio with Christina [FS]</b><br>11:00 <b>Sagely Helpdesk - Visit Front Desk</b><br>12:30 Bridge club (sign up in bistro)<br>4:00 Trivia Tuesday (\$1 buy in) BRING 5 QUESTIONS!<br>6:00 Bingo Club \$5 to play           | 8:00 Continental Breakfast- [B] <b>6</b><br>10:00 <b>Women's Bible Study [T]</b><br>10:30 Walking Club [B]<br>12:00 Scrabble fun [CR]<br>12:30 Bridge club (sign up in bistro)<br>1:00 <b>Cardio Conditioning [FS]</b><br>2:00 Bistro Games [B]<br>2:00 Chair yoga (video led) [FS]<br>4:00 Wine Down Wednesday [B]<br>6:00 Poker \$20 buy in all welcome                                                            | 8:00 Continental Breakfast- [B] <b>7</b><br>10:00 <b>Fitness with Christina [FS]</b><br>12:30 Bridge club (sign up in bistro)<br>1:00 Chair Yoga (video led)<br>3:00 Co-ed Poker Nickles, Dimes, and Quarters<br>3:00 <b>One Day University [T]</b><br>3:30 Art with Anita [CAS]<br>5:00 Sham Rock "n" Roll [B]<br>6:00 Hand and Foot Club   | 8:00 Continental Breakfast- [B] <b>8</b><br>10:30 Walking club [L]<br>12:00 <b>Aerobics with Amanda Canceled [FS]</b><br>2:00 Feature Film Friday<br>3:00 Bistro Games [B]<br>6:30 Bridge Club 1                                                                      | 12:30 Bridge club (sign up in bistro) <b>9</b><br>6:00 Hand and Foot Club  |
|                                                                                                                                                                                                                                                                                                                                                      | <b>Daylight Saving Time Begins 10</b><br>12:30 Bridge club (sign up in bistro)<br>2:00 Dominoes [B]<br>2:00 Rummikub [B]<br>3:00 Book Club<br>4:30 Board Games | 8:00 Continental Breakfast- [B] <b>11</b><br>10:00 Bunco (\$5 buy in) [CAS]<br>10:30 Walking club [L]<br>11:00 Chair Yoga (video led) [FS]<br>1:00 <b>Chair Cardio Conditioning [FS]</b><br>3:00 Bistro Games [B]<br>6:00 Dominoes [B]<br>6:00 Hand and Foot Club<br>6:30 Bridge Club 3 | 8:00 Continental Breakfast- [B] <b>12</b><br>10:00 <b>Chair Cardio with Christina Canceled [FS]</b><br>11:00 <b>Sagely Helpdesk - Visit Front Desk</b><br>12:30 Bridge club (sign up in bistro)<br>4:00 Trivia Tuesday (\$1 buy in) BRING 5 QUESTIONS!<br>6:00 Bingo Club \$5 to play | 8:00 Continental Breakfast- [B] <b>13</b><br>10:00 <b>Women's Bible Study [T]</b><br>10:30 Walking Club [B]<br>11:30 Lunch and Learn Long Term Care With Kimberly [B]<br>12:00 Scrabble fun [CR]<br>12:30 Bridge club (sign up in bistro)<br>1:00 <b>Cardio Conditioning [FS]</b><br>2:00 Bistro Games [B]<br>2:00 Chair yoga (video led) [FS]<br>4:00 Wine Down Wednesday [B]<br>6:00 Poker \$20 buy in all welcome | 8:00 Continental Breakfast- [B] <b>14</b><br>10:00 <b>Fitness with Christina Canceled [FS]</b><br>12:30 Bridge club (sign up in bistro)<br>1:00 Chair Yoga (video led)<br>3:00 Co-ed Poker Nickles, Dimes, and Quarters<br>3:00 <b>One Day University [T]</b><br>3:30 Art with Anita [CAS]<br>6:00 Hand and Foot Club<br>6:00 Jewelry Making | 8:00 Continental Breakfast- [B] <b>15</b><br>10:30 Walking club [L]<br>11:00 Cooking class W/ Bre<br>12:00 <b>Aerobics with Amanda [FS]</b><br>2:00 Feature Film Friday<br>3:00 Beer Tasting- W/ Hampline Brewing! [B]<br>3:00 Bistro Games [B]<br>6:30 Bridge Club 1 | 12:30 Bridge club (sign up in bistro) <b>16</b><br>6:00 Hand and Foot Club |
|                                                                                                                                                                                                                                                                                                                                                      | <b>St. Patrick's Day 17</b><br>12:30 Bridge club (sign up in bistro)<br>2:00 Dominoes [B]<br>2:00 Rummikub [B]<br>4:30 Board Games                             | 8:00 Continental Breakfast- [B] <b>18</b><br>10:00 Bunco (\$5 buy in) [CAS]<br>10:30 Walking club [L]<br>11:00 Chair Yoga (video led) [FS]<br>1:00 <b>Chair Cardio Conditioning [FS]</b><br>3:00 Bistro Games [B]<br>6:00 Dominoes [B]<br>6:00 Hand and Foot Club<br>6:30 Bridge Club 3 | 8:00 Continental Breakfast- [B] <b>19</b><br>10:00 <b>Chair Cardio with Christina [FS]</b><br>11:00 <b>Sagely Helpdesk - Visit Front Desk</b><br>12:30 Bridge club (sign up in bistro)<br>4:00 Trivia Tuesday (\$1 buy in) BRING 5 QUESTIONS!<br>6:00 Bingo Club \$5 to play          | 8:00 Continental Breakfast- [B] <b>20</b><br>10:00 <b>Women's Bible Study [T]</b><br>10:30 Walking Club [B]<br>12:00 Scrabble fun [CR]<br>12:30 Bridge club (sign up in bistro)<br>1:00 <b>Cardio Conditioning [FS]</b><br>2:00 Bistro Games [B]<br>2:00 Chair yoga (video led) [FS]<br>5:00 Community Dinner [B]<br>6:00 Poker \$20 buy in all welcome                                                              | 8:00 Continental Breakfast- [B] <b>21</b><br>10:00 <b>Fitness with Christina [FS]</b><br>12:30 Bridge club (sign up in bistro)<br>1:00 Chair Yoga (video led)<br>3:00 Co-ed Poker Nickles, Dimes, and Quarters<br>3:00 <b>One Day University [T]</b><br>3:30 Art with Anita [CAS]<br>6:00 Hand and Foot Club                                 | 8:00 Continental Breakfast- [B] <b>22</b><br>10:30 Walking club [L]<br>12:00 <b>Aerobics with Amanda [FS]</b><br>2:00 Feature Film Friday<br>2:00 Sneaker Ball (Black Tie Dress with Comfortable footwear)<br>3:00 Bistro Games [B]<br>6:30 Bridge Club 1             | 12:30 Bridge club (sign up in bistro) <b>23</b><br>6:00 Hand and Foot Club |
|                                                                                                                                                                                                                                                                                                                                                      | 12:30 Bridge club (sign up in bistro) <b>24</b><br>2:00 Dominoes [B]<br>2:00 Rummikub [B]<br>4:30 Board Games                                                  | 8:00 Continental Breakfast- [B] <b>25</b><br>10:00 Bunco (\$5 buy in) [CAS]<br>10:30 Walking club [L]<br>11:00 Chair Yoga (video led) [FS]<br>1:00 <b>Chair Cardio Conditioning [FS]</b><br>3:00 Bistro Games [B]<br>6:00 Dominoes [B]<br>6:00 Hand and Foot Club<br>6:30 Bridge Club 3 | 8:00 Continental Breakfast- [B] <b>26</b><br>10:00 <b>Chair Cardio with Christina [FS]</b><br>11:00 <b>Sagely Helpdesk - Visit Front Desk</b><br>12:30 Bridge club (sign up in bistro)<br>4:00 Trivia Tuesday (\$1 buy in) BRING 5 QUESTIONS!<br>6:00 Bingo Club \$5 to play          | 8:00 Continental Breakfast- [B] <b>27</b><br>10:00 <b>Women's Bible Study [T]</b><br>10:30 Walking Club [B]<br>12:00 Scrabble fun [CR]<br>12:30 Bridge club (sign up in bistro)<br>1:00 <b>Cardio Conditioning [FS]</b><br>2:00 Bistro Games [B]<br>2:00 Chair yoga (video led) [FS]<br>4:00 Wine Down Wednesday Birthday Celebration [B]<br>6:00 Poker \$20 buy in all welcome                                      | 8:00 Continental Breakfast- [B] <b>28</b><br>10:00 <b>Fitness with Christina [FS]</b><br>12:30 Bridge club (sign up in bistro)<br>1:00 Chair Yoga (video led)<br>3:00 Co-ed Poker Nickles, Dimes, and Quarters<br>3:00 <b>One Day University [T]</b><br>3:30 Art with Anita [CAS]<br>6:00 Hand and Foot Club<br>6:00 Jewelry Making          | 8:00 Continental Breakfast- [B] <b>29</b><br>10:30 Walking club [L]<br>12:00 <b>Aerobics with Amanda [FS]</b><br>2:00 Feature Film Friday<br>3:00 Bistro Games [B]<br>6:30 Bridge Club 1                                                                              | 12:30 Bridge club (sign up in bistro) <b>30</b><br>6:00 Hand and Foot Club |

Continued at top